

2014 ZONE 4 Preliminary MEET
Niagara Olympic Club - 08/05/2014
Results

Women 100 Meter Dash Ambulatory

Name	School	Finals
Finals		
1 Najarian, Talin	GOVERNOR SIMCOE-ST. CAT	16.54
2 Najarian, Tanya	GOVERNOR SIMCOE-ST. CAT	18.15

Women 100 Meter Dash Midget

Name	School	Finals	H#
Finals			
1 Loughheed, Trinity	LAURA SECORD - ST. CATHE	13.46	3
2 Cooke, Lyndsey	GRIMSBY - GRIMSBY	13.71	1
3 White, Carli	WINSTON CHURCHILL - ST. C	13.91	1
4 Poretti, Charlie	BLESSED TRINITY H S	14.12	3
5 Wloch, Olha	HOLY CROSS - ST. CATHERIN	14.43	1
6 Baker, Hannah	THOROLD - THOROLD	14.45	3
7 Krause, Nicole	EDEN - ST. CATHERINES	14.73	1
8 Zamora, Therese	DENIS MORRIS-ST. CATHERI	14.83	2
9 Hill, Lauren	GOVERNOR SIMCOE-ST. CAT	14.83	1
10 Simoneau, Taylor	GOVERNOR SIMCOE-ST. CAT	15.06	2
11 Wiebe, Taylor	HOLY CROSS - ST. CATHERIN	15.15	2
12 Rapita, Olga	DENIS MORRIS-ST. CATHERI	15.27	2
13 Elliot, Jamie	GRIMSBY - GRIMSBY	15.56	3
14 Foster, Sydney	BLESSED TRINITY H S	15.91	1
15 Morris, Aliyah	ST. FRANCIS - ST. CATHERIN	15.98	3
16 Flint, Samatha	SOUTH LINCOLN - SMITHVIL	16.10	1
17 Blundell, Gracelynn	WINSTON CHURCHILL - ST. C	16.52	1
18 Gregoire, Megan	ST. FRANCIS - ST. CATHERIN	16.65	2
19 Roque, Jaelynn	ST. FRANCIS - ST. CATHERIN	17.32	2
20 Phimmanao, Daravan	HOLY CROSS - ST. CATHERIN	17.42	2

Women 200 Meter Dash Midget

Name	School	Finals	H#
Finals			
1 Cooke, Lyndsey	GRIMSBY - GRIMSBY	28.91	2
2 Paupst, Gabrielle	GRIMSBY - GRIMSBY	29.57	2
3 Vos, Naomi	EDEN - ST. CATHERINES	30.06	2
4 Sneath, Eryka	THOROLD - THOROLD	30.40	3
5 Wloch, Olha	HOLY CROSS - ST. CATHERIN	30.45	1
6 Hill, Lauren	GOVERNOR SIMCOE-ST. CAT	30.96	3
7 McNeil, Rileigh	HOLY CROSS - ST. CATHERIN	31.57	3
8 Zamora, Therese	DENIS MORRIS-ST. CATHERI	32.29	1
9 Elliot, Jamie	GRIMSBY - GRIMSBY	32.42	3
10 Mottiar, Lila	BEAMSVILLE - BEAMSVILLE	32.47	2
11 Kaminsky, Brielle	WINSTON CHURCHILL - ST. C	32.71	3
12 Downes, Meagan	THOROLD - THOROLD	32.76	1
13 Foster, Sydney	BLESSED TRINITY H S	33.49	1
14 Roque, Jaelynn	ST. FRANCIS - ST. CATHERIN	36.47	1

Women 400 Meter Dash Midget

Name	School	Finals
Finals		
1 Beecroft, Ashlyn	EDEN - ST. CATHERINES	1:03.98

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Finals ... (Women 400 Meter Dash Midget)

	Name	School	Finals
2	Pilling, Jenneke	EDEN - ST. CATHERINES	1:05.45
3	Paupst, Gabrielle	GRIMSBY - GRIMSBY	1:08.90
4	Mottiar, Lila	BEAMSVILLE - BEAMSVILLE	1:13.94
5	Kaminsky, Brielle	WINSTON CHURCHILL - ST. C	1:19.71

Women 800 Meter Run Midget

	Name	School	Finals
Finals			
1	Ianiero, Brooke	EDEN - ST. CATHERINES	2:32.12
2	Goertz, Avery	GOVERNOR SIMCOE-ST. CAT	2:34.78
3	Boorsma, Celina	SMITHVILLE CHRIST HS -SMI	2:46.81
4	Rotz, Cailen	EDEN - ST. CATHERINES	2:52.56
5	Young, Taylor	WINSTON CHURCHILL - ST. C	2:53.87
6	McNeil, Rileigh	HOLY CROSS - ST. CATHERIN	2:58.28
7	Meecham, Nicole	BEAMSVILLE - BEAMSVILLE	3:01.97
8	Clayson, Victoria	BEAMSVILLE - BEAMSVILLE	3:08.10
9	Macleod, Amy	GRIMSBY - GRIMSBY	3:11.90
10	St. Angelo, Sarah	EDEN - ST. CATHERINES	3:21.09

Women 1500 Meter Run Midget

	Name	School	Finals
Finals			
1	Esau, Haley	EDEN - ST. CATHERINES	5:15.62
2	McGowan, Kayla	EDEN - ST. CATHERINES	5:17.18
3	Ianiero, Brooke	EDEN - ST. CATHERINES	5:19.83
4	Goertz, Avery	GOVERNOR SIMCOE-ST. CAT	5:39.12
5	Boorsma, Celina	SMITHVILLE CHRIST HS -SMI	5:52.44
6	Rotz, Cailen	EDEN - ST. CATHERINES	6:00.03
7	Young, Taylor	WINSTON CHURCHILL - ST. C	6:14.99
8	Macleod, Amy	GRIMSBY - GRIMSBY	6:27.65
9	Chouinard, Sophia	GRIMSBY - GRIMSBY	6:36.45
10	Clayson, Victoria	BEAMSVILLE - BEAMSVILLE	6:46.36
---	Meecham, Nicole	BEAMSVILLE - BEAMSVILLE	DNF

Women 3000 Meter Run Midget

	Name	School	Finals
Finals			
1	Esau, Haley	EDEN - ST. CATHERINES	11:23.74
2	McGowan, Kayla	EDEN - ST. CATHERINES	11:23.77
3	Boorsma, Celina	SMITHVILLE CHRIST HS -SMI	13:35.31

Women 80 Meter Hurdles Midget

	Name	School	Finals	H#
Finals				
1	Lougheed, Trinity	LAURA SECORD - ST. CATHE	13.38	2
2	White, Carli	WINSTON CHURCHILL - ST. C	13.99	1
3	Waite, Victoria	GRIMSBY - GRIMSBY	15.03	2
4	Schuster, Keanna	BEAMSVILLE - BEAMSVILLE	15.24	1
5	Cook, Alex	WINSTON CHURCHILL - ST. C	15.43	2
6	Cooke, Lyndsey	GRIMSBY - GRIMSBY	16.10	1
7	Lancaster, Tori	LAURA SECORD - ST. CATHE	17.05	2

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Finals ... (Women 80 Meter Hurdles Midget)

Name	School	Finals	H#
8 Paupst, Gabrielle	GRIMSBY - GRIMSBY	17.40	1
9 Burwell, Yvonne	LAURA SECORD - ST. CATHE	17.55	1
10 Chouinard, Sophia	GRIMSBY - GRIMSBY	17.55	1
--- Holubowsky, Alyson	BEAMSVILLE - BEAMSVILLE	DNF	2

Women 300 Meter Hurdles Midget

Name	School	Finals
Finals		
1 Baker, Hannah	THOROLD - THOROLD	53.64
2 Waite, Victoria	GRIMSBY - GRIMSBY	57.06
3 Mahoney, Gracen	DENIS MORRIS-ST. CATHERIN	1:01.62

Women 4x100 Meter Relay Midget

Team	Relay	Finals
Finals		
1 GRIMSBY - GRIMSBY	A	57.62
2 HOLY CROSS - ST. CATHER	A	58.13
3 THOROLD - THOROLD	A	1:00.55
--- WINSTON CHURCHILL - ST	A	DQ

Women High Jump Midget

Name	School	Finals
Finals		
1 Thomas, Rowan	GOVERNOR SIMCOE-ST. CAT	1.59m
2 White, Carli	WINSTON CHURCHILL - ST. C	1.50m
3 Juras, Miranda	EDEN - ST. CATHERINES	1.45m
4 Venus, Karsyn	THOROLD - THOROLD	1.40m
4 Lancaster, Tori	LAURA SECORD - ST. CATHE	1.40m
6 Schuster, Keanna	BEAMSVILLE - BEAMSVILLE	1.30m

Women Long Jump Midget

Name	School	Finals
Finals		
1 Poretti, Charlie	BLESSED TRINITY H S	4.26m
2 Pilling, Jenneke	EDEN - ST. CATHERINES	4.15m
3 Wagter, Ashley	HERITAGE CHRISTIAN-JORD.	3.97m
4 Lancaster, Tori	LAURA SECORD - ST. CATHE	3.87m
5 Waite, Victoria	GRIMSBY - GRIMSBY	3.86m
6 Simoneau, Taylor	GOVERNOR SIMCOE-ST. CAT	3.65m
7 Beecroft, Ashlyn	EDEN - ST. CATHERINES	3.62m
8 Schuster, Keanna	BEAMSVILLE - BEAMSVILLE	3.60m
9 McNeil, Rileigh	HOLY CROSS - ST. CATHERIN	3.55m
10 Juras, Miranda	EDEN - ST. CATHERINES	3.31m
11 Vos, Naomi	EDEN - ST. CATHERINES	3.25m
12 Mahoney, Gracen	DENIS MORRIS-ST. CATHERIN	3.24m
13 Sneath, Eryka	THOROLD - THOROLD	3.23m
14 Kaminsky, Brielle	WINSTON CHURCHILL - ST. C	3.22m
15 Blundell, Gracelynn	WINSTON CHURCHILL - ST. C	3.16m
16 Czerlau, Tessa	HOLY CROSS - ST. CATHERIN	3.14m
17 Schnierle, Savanna	GOVERNOR SIMCOE-ST. CAT	3.07m
18 Morris, Aliyah	ST. FRANCIS - ST. CATHERIN	2.98m

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Finals ... (Women Long Jump Midget)

Name	School	Finals
19 Downes, Meagan	THOROLD - THOROLD	2.96m
20 Carter, Laurene	ST. CATHARINES - ST. CATHARINES	2.95m
21 Phimmanao, Daravan	HOLY CROSS - ST. CATHERINES	2.91m
22 Roque, Jaelynn	ST. FRANCIS - ST. CATHERINES	2.76m
23 McFarlane, Tracy	ST. FRANCIS - ST. CATHERINES	2.66m
24 Chouinard, Camille	ST. FRANCIS - ST. CATHERINES	2.56m

Women Triple Jump Midget

Name	School	Finals
Finals		
1 Thomas, Rowan	GOVERNOR SIMCOE-ST. CAT	10.60m
2 Poretti, Charlie	BLESSED TRINITY H S	10.12m
3 Pilling, Jenneke	EDEN - ST. CATHERINES	9.60m
4 Sneath, Eryka	THOROLD - THOROLD	8.83m
5 Paupst, Gabrielle	GRIMSBY - GRIMSBY	8.81m
6 Wagter, Ashley	HERITAGE CHRISTIAN-JORD.	8.65m
7 Mottiar, Lila	BEAMSVILLE - BEAMSVILLE	8.10m
8 Keracher, Keaghan	EDEN - ST. CATHERINES	7.90m
9 Carter, Laurene	ST. CATHARINES - ST. CATHARINES	7.45m
10 Blundell, Gracelynn	WINSTON CHURCHILL - ST. C	7.20m
11 Schnierle, Savanna	GOVERNOR SIMCOE-ST. CAT	6.88m
--- Cook, Alex	WINSTON CHURCHILL - ST. C	FOUL

Women Shot Put Midget

Name	School	Finals
Finals		
1 Tennant, Grace	SOUTH LINCOLN - SMITHVIL	11.32m
2 Balyk, Rebecca	GOVERNOR SIMCOE-ST. CAT	7.71m
3 Taylor, Emily	SOUTH LINCOLN - SMITHVIL	7.28m
4 Krzeckowski, Alana	WINSTON CHURCHILL - ST. C	6.68m
5 Garrah, Alexandra	THOROLD - THOROLD	6.56m
6 Downes, Meagan	THOROLD - THOROLD	6.54m
7 Czerlau, Tessa	HOLY CROSS - ST. CATHERINES	6.46m
8 Perron, Annelise	WINSTON CHURCHILL - ST. C	5.44m

Women Discus Throw Midget

Name	School	Finals
Finals		
1 Tennant, Grace	SOUTH LINCOLN - SMITHVIL	33.26m
2 Taylor, Emily	SOUTH LINCOLN - SMITHVIL	21.36m
3 Berg, Hope	GOVERNOR SIMCOE-ST. CAT	17.74m
4 Wiebe, Taylor	HOLY CROSS - ST. CATHERINES	17.46m
5 Flint, Samatha	SOUTH LINCOLN - SMITHVIL	17.33m
6 Baker, Hannah	THOROLD - THOROLD	17.13m
7 Thomas, Rowan	GOVERNOR SIMCOE-ST. CAT	16.51m
8 Charters, Deanna	SOUTH LINCOLN - SMITHVIL	16.26m
9 Balyk, Rebecca	GOVERNOR SIMCOE-ST. CAT	14.23m
10 Garrah, Alexandra	THOROLD - THOROLD	13.97m
11 Perron, Annelise	WINSTON CHURCHILL - ST. C	13.42m
12 Krzeckowski, Alana	WINSTON CHURCHILL - ST. C	11.59m

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Women Javelin Throw Midget

	Name	School	Finals
Finals			
1	Tennant, Grace	SOUTH LINCOLN - SMITHVIL	31.50m
2	Lougheed, Trinity	LAURA SECORD - ST. CATHE	21.34m
3	Keracher, Keaghan	EDEN - ST. CATHERINES	17.11m
4	Charters, Deanna	SOUTH LINCOLN - SMITHVIL	16.60m
5	Krzeckowski, Alana	WINSTON CHURCHILL - ST. C	16.47m
6	Flint, Samatha	SOUTH LINCOLN - SMITHVIL	15.68m
7	Taylor, Emily	SOUTH LINCOLN - SMITHVIL	14.80m
8	Balyk, Rebecca	GOVERNOR SIMCOE-ST. CAT	14.07m
9	Pyatt, Grace	THOROLD - THOROLD	14.03m
10	Berg, Hope	GOVERNOR SIMCOE-ST. CAT	12.92m
11	Perron, Annelise	WINSTON CHURCHILL - ST. C	12.71m
12	Garr, Jessica	GRIMSBY - GRIMSBY	11.81m
13	McFarlane, Tracy	ST. FRANCIS - ST. CATHERIN	9.95m
14	Chouinard, Camille	ST. FRANCIS - ST. CATHERIN	7.20m
15	Garrah, Alexandra	THOROLD - THOROLD	3.72m

Women 100 Meter Dash Junior

	Name	School	Finals	H#
Finals				
1	VanZanten, Viktoria	HERITAGE CHRISTIAN-JORD.	13.28	1
2	Lougheed, Jasmine	LAURA SECORD - ST. CATHE	13.43	3
3	Oladipo, Jummy	WINSTON CHURCHILL - ST. C	14.19	1
4	Stevens, Kalifornia	GRIMSBY - GRIMSBY	14.35	3
5	Conway, Jade	HOLY CROSS - ST. CATHERIN	14.63	3
6	Hewson, Alana	SMITHVILLE CHRIST HS -SM	14.74	2
7	Shaw, Katelyn	BLESSED TRINITY H S	15.09	2
8	Tucker, Nicole	ST. FRANCIS - ST. CATHERIN	15.17	3
9	Muir, Alyssa	ST. CATHARINES - ST. CATH	15.25	1
10	Kamping, Keeshia	SMITHVILLE CHRIST HS -SM	15.45	3
11	O'Rourke, Michelle	HOLY CROSS - ST. CATHERIN	15.56	2
12	Simmanivong, Erica	DENIS MORRIS-ST. CATHERI	15.71	3
13	Cotnam, Sara	ST. FRANCIS - ST. CATHERIN	15.89	1
14	Bos, Miranda	SMITHVILLE CHRIST HS -SM	16.77	1
15	Bos, Larissa	SMITHVILLE CHRIST HS -SM	17.57	2

Women 200 Meter Dash Junior

	Name	School	Finals	H#
Finals				
1	VanZanten, Viktoria	HERITAGE CHRISTIAN-JORD.	29.01	1
2	Coburn, Sarah	DENIS MORRIS-ST. CATHERI	30.37	1
3	Benard, Elizabeth	SOUTH LINCOLN - SMITHVIL	30.44	2
4	Cornelius, Katherine	ST. FRANCIS - ST. CATHERIN	30.46	1
5	Pakenham-Troth, Alexandria	GRIMSBY - GRIMSBY	31.37	1
6	Hewson, Alana	SMITHVILLE CHRIST HS -SM	31.57	2
7	Tucker, Nicole	ST. FRANCIS - ST. CATHERIN	32.06	2
8	O'Rourke, Michelle	HOLY CROSS - ST. CATHERIN	33.36	2
9	Bos, Larissa	SMITHVILLE CHRIST HS -SM	37.33	1

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Women 400 Meter Dash Junior

Name	School	Finals	H#
Finals			
1 Thomson, Kennedy	WINSTON CHURCHILL - ST. C	1:02.61	2
2 Thomson, Taylor	BLESSED TRINITY H S	1:09.38	1
3 Cornelius, Katherine	ST. FRANCIS - ST. CATHERIN	1:09.64	2
4 Mumford, Sidney	EDEN - ST. CATHERINES	1:11.05	2
5 Charette, Kallie	DENIS MORRIS-ST. CATHERIN	1:12.17	1
6 Muir, Alyssa	ST. CATHARINES - ST. CATHA	1:18.75	2
7 Yang, Hailey	GREAT LAKES CHRISTIAN - I	1:22.33	1
8 Bos, Miranda	SMITHVILLE CHRIST HS -SM	1:22.95	1
9 deJong, Sara	SMITHVILLE CHRIST HS -SM	1:23.30	1

Women 800 Meter Run Junior

Name	School	Finals
Finals		
1 Thomson, Kennedy	WINSTON CHURCHILL - ST. C	2:24.96
2 Smith, Madeleine	WINSTON CHURCHILL - ST. C	2:44.92
3 McMillan, Hayley	GRIMSBY - GRIMSBY	2:48.31
4 Yang, Hailey	GREAT LAKES CHRISTIAN - I	3:05.80
5 Serkadian, Nicolina	BLESSED TRINITY H S	3:09.84
6 deJong, Sara	SMITHVILLE CHRIST HS -SM	3:19.80
7 Sheehan, Kimberlyn	ST. FRANCIS - ST. CATHERIN	3:22.30
8 Acott, Sydney	WINSTON CHURCHILL - ST. C	3:35.20

Women 1500 Meter Run Junior

Name	School	Finals
Finals		
1 Thomson, Kennedy	WINSTON CHURCHILL - ST. C	5:05.14
2 Smith, Madeleine	WINSTON CHURCHILL - ST. C	5:35.12
3 Thomson, Taylor	BLESSED TRINITY H S	5:50.89
4 McMillan, Hayley	GRIMSBY - GRIMSBY	6:04.70
5 Serkadian, Nicolina	BLESSED TRINITY H S	6:54.73
6 Acott, Sydney	WINSTON CHURCHILL - ST. C	7:14.50

Women 3000 Meter Run Junior

Name	School	Finals
Finals		
1 Langelaan, Rachel	BLESSED TRINITY H S	11:41.21
2 Smith, Madeleine	WINSTON CHURCHILL - ST. C	12:39.18
3 Acott, Sydney	WINSTON CHURCHILL - ST. C	14:25.07

Women 80 Meter Hurdles Junior

Name	School	Finals	H#
Finals			
1 Loughheed, Jasmine	LAURA SECORD - ST. CATHE	12.96	1
2 Langelaan, Rachel	BLESSED TRINITY H S	13.82	2
3 Godin, Jami	GOVERNOR SIMCOE-ST. CAT	14.34	2
4 Eborall, Hannah	BEAMSVILLE - BEAMSVILLE	14.74	1
5 Holoniuk, Rachel	GRIMSBY - GRIMSBY	15.06	2
6 Meeboer, Julia	BEAMSVILLE - BEAMSVILLE	15.16	2
7 Pakenham-Troth, Alexandria	GRIMSBY - GRIMSBY	16.26	2

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Finals ... (Women 80 Meter Hurdles Junior)

	Name	School	Finals	H#
8	Butterfield, Amanda	GRIMSBY - GRIMSBY	16.73	1
9	Sipos, Amanda	BLESSED TRINITY H S	16.83	2
10	Bajzert, Kayla	BLESSED TRINITY H S	16.98	1
11	Orosz, Hailey	SOUTH LINCOLN - SMITHVIL	17.18	2
12	VanRynsburg, Marisa	SMITHVILLE CHRIST HS -SM	17.25	2
13	Stevens, Kalifornia	GRIMSBY - GRIMSBY	17.40	1
14	Kamping, Keeshia	SMITHVILLE CHRIST HS -SM	17.42	1
15	Shaw, Katelyn	BLESSED TRINITY H S	17.64	1

Women 300 Meter Hurdles Junior

	Name	School	Finals
Finals			
1	Langelaan, Rachel	BLESSED TRINITY H S	52.99
2	Sipos, Amanda	BLESSED TRINITY H S	1:00.48
3	Meeboer, Julia	BEAMSVILLE - BEAMSVILLE	1:01.45

Women 4x100 Meter Relay Junior

	Team	Relay	Finals
Finals			
1	GRIMSBY - GRIMSBY	A	57.01
2	DENIS MORRIS-ST. CATHE	A	57.82
3	SMITHVILLE CHRIST HS -S	A	1:00.58

Women High Jump Junior

	Name	School	Finals
Finals			
1	Hamlyn, Olivia	EDEN - ST. CATHERINES	1.45m
2	Bajzert, Kayla	BLESSED TRINITY H S	1.35m
3	Stevens, Kalifornia	GRIMSBY - GRIMSBY	1.25m
4	Sipos, Amanda	BLESSED TRINITY H S	1.20m
5	Martin, Jenny	ST. CATHARINES - ST. CATH	1.20m

Women Long Jump Junior

	Name	School	Finals
Finals			
1	Oladipo, Jummy	WINSTON CHURCHILL - ST. C	4.21m
2	VanZanten, Viktoria	HERITAGE CHRISTIAN-JORD.	4.10m
3	Orosz, Hailey	SOUTH LINCOLN - SMITHVIL	3.87m
3	Hunter, Katie	BEAMSVILLE - BEAMSVILLE	3.87m
5	Benard, Elizabeth	SOUTH LINCOLN - SMITHVIL	3.77m
6	Conway, Jade	HOLY CROSS - ST. CATHERIN	3.76m
7	Tucker, Nicole	ST. FRANCIS - ST. CATHERIN	3.67m
8	Simmanivong, Erica	DENIS MORRIS-ST. CATHERI	3.52m
9	Alde-Walters, Taylor	SOUTH LINCOLN - SMITHVIL	3.50m
10	Bajzert, Kayla	BLESSED TRINITY H S	3.16m
11	Coburn, Sarah	DENIS MORRIS-ST. CATHERI	3.15m
12	Sheehan, Kimberlyn	ST. FRANCIS - ST. CATHERIN	2.67m
13	Cotnam, Sara	ST. FRANCIS - ST. CATHERIN	2.65m
14	Simpson, Zahra	LAURA SECORD - ST. CATHE	2.34m

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Women Triple Jump Junior

Name	School	Finals
Finals		
1 Benard, Elizabeth	SOUTH LINCOLN - SMITHVIL	9.55m
2 Oladipo, Jummy	WINSTON CHURCHILL - ST. C	9.13m
3 Hunter, Katie	BEAMSVILLE - BEAMSVILLE	8.94m
4 Alde-Walters, Taylor	SOUTH LINCOLN - SMITHVIL	7.94m
5 VanRynsburg, Marisa	SMITHVILLE CHRIST HS -SM	7.93m
6 Simpson, Zahra	LAURA SECORD - ST. CATHE	6.46m

Women Shot Put Junior

Name	School	Finals
Finals		
1 Plute, Cassandra	BLESSED TRINITY H S	10.47m
2 Stys, Tia	HOLY CROSS - ST. CATHERIN	8.60m
3 Bridle, Danielle	WINSTON CHURCHILL - ST. C	8.41m
4 Mires, Sydney	LAURA SECORD - ST. CATHE	8.04m
5 Bannerman, Rachel	WINSTON CHURCHILL - ST. C	6.71m
6 Veenhof, Paige	SMITHVILLE CHRIST HS -SM	6.63m
7 Wedderspoon, Samantha	ST. FRANCIS - ST. CATHERIN	6.17m
8 Sinnett, Chrissa	ST. CATHARINES - ST. CATH	6.15m
9 Shimmmon, Megan	LAURA SECORD - ST. CATHE	5.85m
10 Mortley, Enya	EDEN - ST. CATHERINES	5.25m

Women Discus Throw Junior

Name	School	Finals
Finals		
1 Plute, Cassandra	BLESSED TRINITY H S	30.88m
2 Bridle, Danielle	WINSTON CHURCHILL - ST. C	22.18m
3 Mires, Sydney	LAURA SECORD - ST. CATHE	21.00m
4 Sinnett, Chrissa	ST. CATHARINES - ST. CATH	17.43m
5 Franco, Olivia	HOLY CROSS - ST. CATHERIN	16.34m
6 Veenhof, Paige	SMITHVILLE CHRIST HS -SM	15.70m
7 Bannerman, Rachel	WINSTON CHURCHILL - ST. C	14.85m
8 Becker, Justine	DENIS MORRIS-ST. CATHERI	12.45m
9 O'Brien, Michelle	DENIS MORRIS-ST. CATHERI	12.15m
10 Wedderspoon, Samantha	ST. FRANCIS - ST. CATHERIN	11.53m

Women Javelin Throw Junior

Name	School	Finals
Finals		
1 Larmour, Hope	EDEN - ST. CATHERINES	25.93m
2 Franco, Olivia	HOLY CROSS - ST. CATHERIN	25.71m
3 Bridle, Danielle	WINSTON CHURCHILL - ST. C	23.63m
4 Mumford, Sidney	EDEN - ST. CATHERINES	23.15m
5 Hamlyn, Olivia	EDEN - ST. CATHERINES	21.96m
6 Stys, Tia	HOLY CROSS - ST. CATHERIN	20.54m
7 Alde-Walters, Taylor	SOUTH LINCOLN - SMITHVIL	19.80m
8 Hewson, Alana	SMITHVILLE CHRIST HS -SM	19.03m
9 Mires, Sydney	LAURA SECORD - ST. CATHE	18.35m
10 Charette, Kallie	DENIS MORRIS-ST. CATHERI	17.83m
11 Veenhof, Paige	SMITHVILLE CHRIST HS -SM	17.53m

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Finals ... (Women Javelin Throw Junior)

	Name	School	Finals
12	Butterfield, Amanda	GRIMSBY - GRIMSBY	17.23m
13	Mortley, Enya	EDEN - ST. CATHERINES	16.91m
14	Wedderspoon, Samantha	ST. FRANCIS - ST. CATHERIN	16.37m
15	Bannerman, Rachel	WINSTON CHURCHILL - ST. C	15.86m
16	O'Brien, Michelle	DENIS MORRIS-ST. CATHERI	14.61m
17	Shimmon, Megan	LAURA SECORD - ST. CATHE	14.53m
18	Kamping, Keeshia	SMITHVILLE CHRIST HS -SM	13.96m
19	Becker, Justine	DENIS MORRIS-ST. CATHERI	13.24m
20	Sinnett, Chrissa	ST. CATHARINES - ST. CATH	13.18m

Women 100 Meter Dash Senior

	Name	School	Finals	H#
Finals				
1	Boekestyn, Brooke	HERITAGE CHRISTIAN-JORD	13.43	2
2	Murray, Cassidy	BLESSED TRINITY H S	13.78	1
3	Othman, Lynda	LAURA SECORD - ST. CATHE	13.85	1
4	Choi, Sarah	WINSTON CHURCHILL - ST. C	13.94	3
5	Kovac, Sara	EDEN - ST. CATHERINES	14.06	2
6	Barichello, Daniella	BLESSED TRINITY H S	14.09	1
7	Simioni, Nicole	BLESSED TRINITY H S	14.16	3
8	Nwebube, Chinwe	GREAT LAKES CHRISTIAN - I	14.18	2
9	Soppitt, Mary	EDEN - ST. CATHERINES	14.35	3
10	Gould, Alysia	SOUTH LINCOLN - SMITHVIL	14.36	1
11	Nichols, Kiana	GRIMSBY - GRIMSBY	14.47	3
12	Skirrow, Hannah	EDEN - ST. CATHERINES	14.60	3
13	Pereira, Sonia	HOLY CROSS - ST. CATHERIN	14.94	2
14	Trivieri, Alexandra	HOLY CROSS - ST. CATHERIN	15.08	2
15	Fenelon, Samantha	LAURA SECORD - ST. CATHE	15.33	3
16	Giraldo, Laura	HOLY CROSS - ST. CATHERIN	15.72	3
17	Espino, Eunice	ST. FRANCIS - ST. CATHERIN	16.45	1
18	To, Joyce	GREAT LAKES CHRISTIAN - I	16.53	1
19	Gebre, Betty	HOLY CROSS - ST. CATHERIN	17.25	3

Women 200 Meter Dash Senior

	Name	School	Finals	H#
Finals				
1	Rainford-Allen, Savanah	DENIS MORRIS-ST. CATHERI	26.61	2
2	Boekestyn, Brooke	HERITAGE CHRISTIAN-JORD	28.42	1
3	Murray, Cassidy	BLESSED TRINITY H S	28.57	2
4	Choi, Sarah	WINSTON CHURCHILL - ST. C	28.74	1
5	Nwebube, Chinwe	GREAT LAKES CHRISTIAN - I	29.22	3
6	Othman, Lynda	LAURA SECORD - ST. CATHE	29.38	1
7	Soppitt, Mary	EDEN - ST. CATHERINES	30.09	1
8	Gould, Alysia	SOUTH LINCOLN - SMITHVIL	30.10	1
9	Jones, Krista	BLESSED TRINITY H S	30.59	3
10	Cowherd, Abbie	EDEN - ST. CATHERINES	30.87	2
11	Nichols, Kiana	GRIMSBY - GRIMSBY	31.34	3
12	Fenelon, Samantha	LAURA SECORD - ST. CATHE	32.52	3
13	Jayasankar, Varsha	WINSTON CHURCHILL - ST. C	33.42	2
14	Laplante, Heather	HOLY CROSS - ST. CATHERIN	33.71	3

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Women 400 Meter Dash Senior

Name	School	Finals
Finals		
1 Pio, Nila	DENIS MORRIS-ST. CATHERIN	1:05.27
2 Bent, Michalla	LAURA SECORD - ST. CATHE	1:08.35
3 Mooradian, Kate	WINSTON CHURCHILL - ST. C	1:08.59
4 Nickerson, Haille	BLESSED TRINITY H S	1:13.14
5 Pereira, Sonia	HOLY CROSS - ST. CATHERIN	1:22.87
--- Jayasankar, Varsha	WINSTON CHURCHILL - ST. C	DNF

Women 800 Meter Run Senior

Name	School	Finals
Finals		
1 Myers, Tracy	GRIMSBY - GRIMSBY	2:26.02
2 Ianiero, Brianna	EDEN - ST. CATHERINES	2:32.81
3 Bent, Michalla	LAURA SECORD - ST. CATHE	2:42.27
4 May, Julia	WINSTON CHURCHILL - ST. C	2:45.42
5 Agustus, Brooke-Lynn	LAURA SECORD - ST. CATHE	2:56.47
6 Whitfield, Kristen	GREAT LAKES CHRISTIAN - I	3:12.85
7 Beaudry, Lauren	DENIS MORRIS-ST. CATHERIN	3:38.30

Women 1500 Meter Run Senior

Name	School	Finals
Finals		
1 Korsmit, Laura	HOLY CROSS - ST. CATHERIN	4:50.04
2 Barich, Rachel	BLESSED TRINITY H S	5:01.17
3 Myers, Tracy	GRIMSBY - GRIMSBY	5:19.55
4 May, Julia	WINSTON CHURCHILL - ST. C	5:45.45
5 Tidetke, Sylvana	EDEN - ST. CATHERINES	5:55.71
6 Whitfield, Kristen	GREAT LAKES CHRISTIAN - I	6:43.49
7 Pasaluko, Lauren	SOUTH LINCOLN - SMITHVIL	7:13.04
8 Beaudry, Lauren	DENIS MORRIS-ST. CATHERIN	7:44.54

Women 3000 Meter Run Senior

Name	School	Finals
Finals		
1 Barich, Rachel	BLESSED TRINITY H S	10:20.66
2 Korsmit, Laura	HOLY CROSS - ST. CATHERIN	10:31.46
3 Tidetke, Sylvana	EDEN - ST. CATHERINES	12:42.45
4 May, Julia	WINSTON CHURCHILL - ST. C	12:44.23

Women 100 Meter Hurdles Senior

Name	School	Finals
Finals		
1 Othman, Lynda	LAURA SECORD - ST. CATHE	17.28
2 Tousaw, Victoria	GRIMSBY - GRIMSBY	17.85
3 Dion, Julie	WINSTON CHURCHILL - ST. C	19.31
4 Hendricks, Ally	BLESSED TRINITY H S	20.05
5 Hogg, Jennifer	LAURA SECORD - ST. CATHE	20.79
6 Tufford, Samantha	THOROLD - THOROLD	22.39
7 Fenelon, Samantha	LAURA SECORD - ST. CATHE	22.53
8 Mooradian, Kate	WINSTON CHURCHILL - ST. C	24.78

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Women 400 Meter Hurdles Senior

Name	School	Finals
Finals		
1 Agustus, Brooke-Lynn	LAURA SECORD - ST. CATHE	1:18.89
2 Mooradian, Kate	WINSTON CHURCHILL - ST. C	1:20.09
3 Nickerson, Haille	BLESSED TRINITY H S	1:22.04
4 Dion, Julie	WINSTON CHURCHILL - ST. C	1:22.21
4 Spencer, Delaney	LAURA SECORD - ST. CATHE	1:22.21
6 Hendricks, Ally	BLESSED TRINITY H S	1:24.06
7 Hogg, Jennifer	LAURA SECORD - ST. CATHE	1:35.73

Women 4x100 Meter Relay Senior

Team	Relay	Finals
Finals		
1 LAURA SECORD - ST. CATHE	A	54.30
2 BLESSED TRINITY H S	A	54.98
3 WINSTON CHURCHILL - ST	A	55.94
4 BEAMSVILLE - BEAMSVIL	A	56.76
5 SOUTH LINCOLN - SMITHV	A	58.34
6 HOLY CROSS - ST. CATHER	A	1:01.20

Women High Jump Senior

Name	School	Finals
Finals		
1 Campbell, Emily	EDEN - ST. CATHERINES	1.50m
2 Dion, Julie	WINSTON CHURCHILL - ST. C	1.45m

Women Long Jump Senior

Name	School	Finals
Finals		
1 Rainford-Allen, Savanah	DENIS MORRIS-ST. CATHERIN	4.80m
2 Pinfold, Hayley-Ann	DENIS MORRIS-ST. CATHERIN	4.51m
3 Eagles, Rachel	BEAMSVILLE - BEAMSVILLE	4.47m
4 Kovac, Sara	EDEN - ST. CATHERINES	4.45m
5 Dewar, Annie	DENIS MORRIS-ST. CATHERIN	4.31m
6 Jacques, Morgan	GRIMSBY - GRIMSBY	4.25m
7 Soppitt, Mary	EDEN - ST. CATHERINES	4.24m
8 Godin, Megan	WINSTON CHURCHILL - ST. C	4.11m
9 Choi, Sarah	WINSTON CHURCHILL - ST. C	4.01m
10 Skirrow, Hannah	EDEN - ST. CATHERINES	3.96m
11 Trifunovic, Kassandra	SOUTH LINCOLN - SMITHVIL	3.93m
12 Tousaw, Victoria	GRIMSBY - GRIMSBY	3.86m
13 Nwebube, Chinwe	GREAT LAKES CHRISTIAN - I	3.83m
14 To, Joyce	GREAT LAKES CHRISTIAN - I	3.67m
15 Giraldo, Laura	HOLY CROSS - ST. CATHERIN	3.59m
16 Haight, Brooke	EDEN - ST. CATHERINES	3.57m
17 Beatty, Emily	LAURA SECORD - ST. CATHE	3.52m
18 Lechowicz, Jessie	SOUTH LINCOLN - SMITHVIL	3.51m
19 Jayasankar, Varsha	WINSTON CHURCHILL - ST. C	3.14m
20 Najarian, Talin	GOVERNOR SIMCOE-ST. CAT	3.13m
21 Najarian, Tanya	GOVERNOR SIMCOE-ST. CAT	2.21m

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Women Triple Jump Senior

Name	School	Finals
Finals		
1 Kovac, Sara	EDEN - ST. CATHERINES	10.53m
2 Eagles, Rachel	BEAMSVILLE - BEAMSVILLE	9.83m
3 Godin, Megan	WINSTON CHURCHILL - ST. C	9.41m
4 Trifunovic, Kassandra	SOUTH LINCOLN - SMITHVIL	9.35m
5 Tousaw, Victoria	GRIMSBY - GRIMSBY	9.05m
6 Skirrow, Hannah	EDEN - ST. CATHERINES	8.57m
7 Jacques, Morgan	GRIMSBY - GRIMSBY	8.56m
8 Beatty, Emily	LAURA SECORD - ST. CATHE	8.55m
9 Lechowicz, Jessie	SOUTH LINCOLN - SMITHVIL	7.34m
10 Pio, Nila	DENIS MORRIS-ST. CATHERIN	7.14m
11 Shortridge, Alex	SOUTH LINCOLN - SMITHVIL	6.73m

Women Shot Put Senior

Name	School	Finals
Finals		
1 Harper, Erin	WINSTON CHURCHILL - ST. C	8.04m
2 Nazar, Hannah	WINSTON CHURCHILL - ST. C	7.99m
3 Hill, Alexandra	LAURA SECORD - ST. CATHE	7.92m
4 Nguyen, Stefanie	ST. FRANCIS - ST. CATHERIN	7.89m
5 Bazylewski, McKinley	WINSTON CHURCHILL - ST. C	7.83m
6 Spadaro, Nicole	BLESSED TRINITY H S	7.64m
7 Trifunovic, Kassandra	SOUTH LINCOLN - SMITHVIL	7.54m
8 Anderson, Angelica	EDEN - ST. CATHERINES	7.49m
9 Riley, Montana	LAURA SECORD - ST. CATHE	6.91m
10 Dargel, Emily	HOLY CROSS - ST. CATHERIN	6.90m
11 Gebre, Betty	HOLY CROSS - ST. CATHERIN	6.67m
12 Lewis, Jessica	EDEN - ST. CATHERINES	6.26m
13 Vickers, Kayla	SOUTH LINCOLN - SMITHVIL	6.25m
14 Cutting, Alex	ST. FRANCIS - ST. CATHERIN	5.82m
15 Espino, Eunice	ST. FRANCIS - ST. CATHERIN	5.81m
16 Cross-Nichols, Erin	BLESSED TRINITY H S	5.68m

Women Discus Throw Senior

Name	School	Finals
Finals		
1 Bazylewski, McKinley	WINSTON CHURCHILL - ST. C	20.72m
2 Vickers, Kayla	SOUTH LINCOLN - SMITHVIL	19.22m
3 Shortridge, Alex	SOUTH LINCOLN - SMITHVIL	18.21m
4 Chiesa, Nicole	DENIS MORRIS-ST. CATHERIN	18.13m
5 Spencer, Delaney	LAURA SECORD - ST. CATHE	18.11m
6 Pasaluko, Lauren	SOUTH LINCOLN - SMITHVIL	17.28m
7 Nazar, Hannah	WINSTON CHURCHILL - ST. C	15.94m
8 Dargel, Emily	HOLY CROSS - ST. CATHERIN	15.93m
9 Hill, Alexandra	LAURA SECORD - ST. CATHE	14.44m
10 Lewis, Jessica	EDEN - ST. CATHERINES	12.84m
11 Cross-Nichols, Erin	BLESSED TRINITY H S	12.75m
12 Riley, Montana	LAURA SECORD - ST. CATHE	8.90m

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Women Javelin Throw Senior

Name	School	Finals
Finals		
1 Vlatkovich, Tea	EDEN - ST. CATHERINES	25.66m
2 Nazar, Hannah	WINSTON CHURCHILL - ST. C	24.28m
3 Dewar, Annie	DENIS MORRIS-ST. CATHERI	22.14m
4 Hill, Alexandra	LAURA SECORD - ST. CATHE	21.67m
5 Anderson, Angelica	EDEN - ST. CATHERINES	21.65m
6 Chiesa, Nicole	DENIS MORRIS-ST. CATHERI	21.59m
7 Spencer, Delaney	LAURA SECORD - ST. CATHE	20.68m
8 Pereira, Sonia	HOLY CROSS - ST. CATHERIN	20.07m
9 Freeman, Sarah	BLESSED TRINITY H S	19.81m
10 Dargel, Emily	HOLY CROSS - ST. CATHERIN	19.38m
11 Riley, Montana	LAURA SECORD - ST. CATHE	19.19m
12 Pinfold, Hayley-Ann	DENIS MORRIS-ST. CATHERI	18.84m
13 Bazylewski, McKinley	WINSTON CHURCHILL - ST. C	18.40m
14 Nguyen, Stefanie	ST. FRANCIS - ST. CATHERIN	16.00m
15 Spadaro, Nicole	BLESSED TRINITY H S	15.45m
16 Beatty, Emily	LAURA SECORD - ST. CATHE	15.30m
17 Vickers, Kayla	SOUTH LINCOLN - SMITHVIL	14.42m
18 Cutting, Alex	ST. FRANCIS - ST. CATHERIN	9.15m

Women 1500 Meter Steeplechase Open

Name	School	Finals
Finals		
1 Woodhouse, Alysa	DENIS MORRIS-ST. CATHERI	6:19.79
2 Agustus, Brooke-Lynn	LAURA SECORD - ST. CATHE	6:29.01
3 Hogg, Jennifer	LAURA SECORD - ST. CATHE	6:37.82
4 VanRynsburg, Marisa	SMITHVILLE CHRIST HS -SM	6:45.41
5 Pasaluko, Lauren	SOUTH LINCOLN - SMITHVIL	8:29.90

Women 4x400 Meter Relay Open

Team	Relay	Finals
Finals		
1 LAURA SECORD - ST. CATHE	A	4:32.40
2 WINSTON CHURCHILL - ST	A	4:37.13

Men 100 Meter Dash Midget

Name	School	Finals	H#
Finals			
1 Friesen, Owen	GOVERNOR SIMCOE-ST. CAT	11.86	3
2 Griffiths, Jovan	DSBN ACADEMY	12.00	2
3 Berniston, Cole	BLESSED TRINITY H S	12.02	3
4 Child, Holden	WINSTON CHURCHILL - ST. C	12.36	1
5 Martin, Avery	BEAMSVILLE - BEAMSVILLE	12.39	3
6 Jones, Jason Lee	GOVERNOR SIMCOE-ST. CAT	12.43	1
7 Griffin, Mark	BLESSED TRINITY H S	12.80	1
8 Fitzgerald, Evan	BEAMSVILLE - BEAMSVILLE	12.82	3
9 Allan, Jack	WINSTON CHURCHILL - ST. C	12.96	2
10 Buljubasic, Kelvin	DSBN ACADEMY	13.11	2
11 Rees, Andrew	DENIS MORRIS-ST. CATHERI	13.17	1
12 Black, Liam	SOUTH LINCOLN - SMITHVIL	13.53	1

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Finals ... (Men 100 Meter Dash Midget)

Name	School	Finals	H#
13 Malaryk, Jacob	BLESSED TRINITY H S	13.54	3
14 Chapman, Damon	WINSTON CHURCHILL - ST. C	13.64	2
15 Smith, Robert	ST. CATHARINES - ST. CATHA	13.71	1
16 Nieuwold, Ryan	HERITAGE CHRISTIAN-JORD.	13.74	2
17 Johnson, Wiley	BEAMSVILLE - BEAMSVILLE	13.78	2
18 Serif, Isaac	DENIS MORRIS-ST. CATHERIN	13.80	1
19 Bucsis, Nathaniel	DENIS MORRIS-ST. CATHERIN	13.96	1
20 Ismail, Ramy	EDEN - ST. CATHERINES	14.16	3
21 Song, Peter	ST. FRANCIS - ST. CATHERIN	14.90	3
22 Thompson, Timothy	ST. CATHARINES - ST. CATHA	16.54	3

Men 200 Meter Dash Midget

Name	School	Finals	H#
Finals			
1 Friesen, Owen	GOVERNOR SIMCOE-ST. CAT	24.26	2
2 Berniston, Cole	BLESSED TRINITY H S	24.95	3
3 Griffiths, Jovan	DSBN ACADEMY	24.97	1
4 Vermolen, Tristan	LAURA SECORD - ST. CATHE	25.37	2
5 Martin, Avery	BEAMSVILLE - BEAMSVILLE	25.51	2
6 Riley, John	WINSTON CHURCHILL - ST. C	25.67	1
7 Fitzgerald, Evan	BEAMSVILLE - BEAMSVILLE	26.03	1
8 Pasaluko, Peter	SOUTH LINCOLN - SMITHVIL	26.23	2
9 Allan, Jack	WINSTON CHURCHILL - ST. C	26.25	3
10 Leonard, Christian	BLESSED TRINITY H S	27.21	2
11 Buljubasic, Kelvin	DSBN ACADEMY	27.39	3
12 Griffin, Mark	BLESSED TRINITY H S	27.80	3
13 Chapman, Damon	WINSTON CHURCHILL - ST. C	27.84	1
14 Nieuwold, Ryan	HERITAGE CHRISTIAN-JORD.	28.12	3
15 Malaryk, Jacob	BLESSED TRINITY H S	28.33	3
16 Serif, Isaac	DENIS MORRIS-ST. CATHERIN	28.75	2
17 Long, Barry	THOROLD - THOROLD	31.62	1

Men 400 Meter Dash Midget

Name	School	Finals
Finals		
1 Riley, John	WINSTON CHURCHILL - ST. C	57.51
2 Fitzgerald, Evan	BEAMSVILLE - BEAMSVILLE	59.24
3 Wolf, Oliver	THOROLD - THOROLD	1:00.79
4 Buljubasic, Kelvin	DSBN ACADEMY	1:03.44
5 Nieuwold, Ryan	HERITAGE CHRISTIAN-JORD.	1:05.71
6 Hanna, Patrick	BLESSED TRINITY H S	1:07.45
7 Long, Barry	THOROLD - THOROLD	1:12.41
8 Thompson, Timothy	ST. CATHARINES - ST. CATHA	1:31.42

Men 800 Meter Run Midget

Name	School	Finals
Finals		
1 Hassim, Theo	WINSTON CHURCHILL - ST. C	2:10.29
2 Martineau, Logan	HOLY CROSS - ST. CATHERIN	2:16.52
3 Enns, Harrison	WINSTON CHURCHILL - ST. C	2:17.03

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Finals ... (Men 800 Meter Run Midget)

Name	School	Finals
4 Puglisi, Matthew	EDEN - ST. CATHERINES	2:19.86
5 Carrier, Zachary	BEAMSVILLE - BEAMSVILLE	2:24.25
6 Holloway, Jackson	BLESSED TRINITY H S	2:27.74
7 Bachelor, Owen	WINSTON CHURCHILL - ST. C	2:30.00
8 Harley, Sam	WINSTON CHURCHILL - ST. C	2:33.01
9 Thom, Campbell	BLESSED TRINITY H S	2:37.27
10 Ayala, Dylan	GREAT LAKES CHRISTIAN - I	2:38.79
11 Hanna, Patrick	BLESSED TRINITY H S	2:38.86
12 Baranoski, Eric	ST. FRANCIS - ST. CATHERIN	2:40.50
13 VandenBos, Peter	HERITAGE CHRISTIAN-JORD.	2:44.62
14 Song, Peter	ST. FRANCIS - ST. CATHERIN	2:59.15

Men 1500 Meter Run Midget

Name	School	Finals
Finals		
1 Hassim, Theo	WINSTON CHURCHILL - ST. C	4:26.69
2 Braun, Jonas	EDEN - ST. CATHERINES	4:36.84
3 Sentance, Cal	DENIS MORRIS-ST. CATHERIN	4:40.74
4 Puglisi, Matthew	EDEN - ST. CATHERINES	4:41.52
5 Enns, Harrison	WINSTON CHURCHILL - ST. C	4:42.51
6 Bachelor, Owen	WINSTON CHURCHILL - ST. C	4:52.84
7 Carrier, Zachary	BEAMSVILLE - BEAMSVILLE	4:55.59
8 Bastien, Tyler	DENIS MORRIS-ST. CATHERIN	4:59.59
9 Greczkowski, Bram	EDEN - ST. CATHERINES	5:05.34
10 Tomaino, Samuel	BLESSED TRINITY H S	5:07.05
11 Harley, Sam	WINSTON CHURCHILL - ST. C	5:09.65
12 Savage, Luke	EDEN - ST. CATHERINES	5:10.56
13 Holloway, Jackson	BLESSED TRINITY H S	5:11.47
14 Thom, Campbell	BLESSED TRINITY H S	5:14.47
15 VandenBos, Peter	HERITAGE CHRISTIAN-JORD.	5:16.07
16 Rivera, Wil	THOROLD - THOROLD	5:21.17
17 Wall, Alexander	HOLY CROSS - ST. CATHERIN	5:23.02
18 Baranoski, Eric	ST. FRANCIS - ST. CATHERIN	5:25.95
19 Yoder, Jacob	GRIMSBY - GRIMSBY	5:27.00
20 Fecik, Andrew	GREAT LAKES CHRISTIAN - I	5:32.58
21 Quanz, Andrew	GRIMSBY - GRIMSBY	5:43.85

Men 3000 Meter Run Midget

Name	School	Finals
Finals		
1 Hassim, Theo	WINSTON CHURCHILL - ST. C	9:44.13
2 Braun, Jonas	EDEN - ST. CATHERINES	9:58.65
3 Bachelor, Owen	WINSTON CHURCHILL - ST. C	10:22.67
4 Martineau, Logan	HOLY CROSS - ST. CATHERIN	10:27.36
5 Sentance, Cal	DENIS MORRIS-ST. CATHERIN	10:35.97
6 Enns, Harrison	WINSTON CHURCHILL - ST. C	10:51.74
7 Savage, Luke	EDEN - ST. CATHERINES	10:52.71
8 Hendricks, Issac	EDEN - ST. CATHERINES	10:59.95
9 Bastien, Tyler	DENIS MORRIS-ST. CATHERIN	11:04.99
10 Glaves, Johnathan	GRIMSBY - GRIMSBY	11:06.01

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Finals ... (Men 3000 Meter Run Midget)

Name	School	Finals
11 Harley, Sam	WINSTON CHURCHILL - ST. C	11:17.47
12 Wall, Alexander	HOLY CROSS - ST. CATHERIN	11:40.82
13 Yoder, Jacob	GRIMSBY - GRIMSBY	11:49.65
14 VandenBos, Peter	HERITAGE CHRISTIAN-JORD.	11:55.02
15 Baranoski, Eric	ST. FRANCIS - ST. CATHERIN	11:59.35
16 Rivera, Wil	THOROLD - THOROLD	12:04.51
17 Holloway, Jackson	BLESSED TRINITY H S	12:15.18
18 Quanz, Andrew	GRIMSBY - GRIMSBY	12:47.31
19 Fecik, Andrew	GREAT LAKES CHRISTIAN - I	13:07.79

Men 100 Meter Hurdles Midget

Name	School	Finals
Finals		
1 Child, Holden	WINSTON CHURCHILL - ST. C	15.98
2 Wolf, Oliver	THOROLD - THOROLD	16.98
3 Martin, Avery	BEAMSVILLE - BEAMSVILLE	17.61
4 Johnson, Wiley	BEAMSVILLE - BEAMSVILLE	18.72
5 Burton-Bachynski, Elijah	THOROLD - THOROLD	19.35
6 Voit, Ryan	BLESSED TRINITY H S	19.72
7 Seabrook, Dallas	THOROLD - THOROLD	21.68

Men 300 Meter Hurdles Midget

Name	School	Finals
Finals		
1 Vermolen, Tristan	LAURA SECORD - ST. CATHE	45.70
2 Riley, John	WINSTON CHURCHILL - ST. C	48.57
3 Wolf, Oliver	THOROLD - THOROLD	48.99
4 Johnson, Wiley	BEAMSVILLE - BEAMSVILLE	52.58
5 Voit, Ryan	BLESSED TRINITY H S	56.89
6 Seabrook, Dallas	THOROLD - THOROLD	1:00.37

Men 4x100 Meter Relay Midget

Team	Relay	Finals
Finals		
1 WINSTON CHURCHILL - ST	A	49.85
2 BEAMSVILLE - BEAMSVILI	A	50.26
3 BLESSED TRINITY H S	A	51.31
4 THOROLD - THOROLD	A	54.09

Men High Jump Midget

Name	School	Finals
Finals		
1 Lamb, Jacob	GRIMSBY - GRIMSBY	1.70m
2 Leonard, Christian	BLESSED TRINITY H S	1.55m
3 Falk, Dale	GOVERNOR SIMCOE-ST. CAT	1.45m
3 Bovine, Adam	EDEN - ST. CATHERINES	1.45m
3 Elzinga, Mendelt	EDEN - ST. CATHERINES	1.45m
6 Young, Alec	THOROLD - THOROLD	1.40m
6 Glaves, Johnathan	GRIMSBY - GRIMSBY	1.40m

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Men Long Jump Midget

	Name	School	Finals
Finals			
1	Daniels, Riley	BEAMSVILLE - BEAMSVILLE	5.21m
2	Berniston, Cole	BLESSED TRINITY H S	5.12m
3	Griffiths, Jovan	DSBN ACADEMY	4.81m
4	Martens, Jacob	EDEN - ST. CATHERINES	4.80m
5	Reil, William	GRIMSBY - GRIMSBY	4.76m
6	Leonard, Christian	BLESSED TRINITY H S	4.67m
7	Watson, Sean	EDEN - ST. CATHERINES	4.50m
8	Young, Alec	THOROLD - THOROLD	4.48m
9	Langendoen, Joshua	EDEN - ST. CATHERINES	4.47m
10	Cartmell, Brian	THOROLD - THOROLD	4.42m
11	Burton-Bachynski, Elijah	THOROLD - THOROLD	4.41m
12	Kennedy, Auston	BLESSED TRINITY H S	3.72m
13	Voit, Ryan	BLESSED TRINITY H S	3.51m
14	Ismail, Ramy	EDEN - ST. CATHERINES	3.49m

Men Triple Jump Midget

	Name	School	Finals
Finals			
1	Vermolen, Tristan	LAURA SECORD - ST. CATHE	10.94m
2	Lamb, Jacob	GRIMSBY - GRIMSBY	10.88m
3	Child, Holden	WINSTON CHURCHILL - ST. C	10.85m
4	Daniels, Riley	BEAMSVILLE - BEAMSVILLE	10.37m
5	Cartmell, Brian	THOROLD - THOROLD	10.16m
6	Smith, Robert	ST. CATHARINES - ST. CATHA	10.08m
7	Martens, Jacob	EDEN - ST. CATHERINES	9.96m
8	Lapceovich, Cayden	SOUTH LINCOLN - SMITHVIL	9.77m
9	Rivera, Wil	THOROLD - THOROLD	9.68m
10	Young, Alec	THOROLD - THOROLD	9.57m
11	Watson, Sean	EDEN - ST. CATHERINES	9.32m

Men Shot Put Midget

	Name	School	Finals
Finals			
1	Spedaliere, Carmen	ST. FRANCIS - ST. CATHERIN	12.65m
2	Bokelar, Kevin	BLESSED TRINITY H S	11.85m
3	Culp, Justin	BLESSED TRINITY H S	11.24m
4	Lepp, Riley	GOVERNOR SIMCOE-ST. CAT	10.10m
5	Boese, Frank	LAURA SECORD - ST. CATHE	9.81m
6	Humaniski, David	THOROLD - THOROLD	9.80m
7	Gordon, Zac	THOROLD - THOROLD	9.21m
8	Houwer, Sean	SMITHVILLE CHRIST HS -SM	8.68m
9	Graf, Nick	LAURA SECORD - ST. CATHE	7.94m
10	McDougall, Kyle	THOROLD - THOROLD	7.20m
11	Seabrook, Dallas	THOROLD - THOROLD	7.17m
12	Benjamins, Daniel	SMITHVILLE CHRIST HS -SM	6.80m

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Men Discus Throw Midget

Name	School	Finals
Finals		
1 Lepp, Riley	GOVERNOR SIMCOE-ST. CAT	33.84m
2 Lapceovich, Cayden	SOUTH LINCOLN - SMITHVIL	32.05m
3 Black, Liam	SOUTH LINCOLN - SMITHVIL	31.48m
4 Spedaliere, Carmen	ST. FRANCIS - ST. CATHERIN	28.98m
5 Pasaluko, Peter	SOUTH LINCOLN - SMITHVIL	28.65m
6 Lamb, Jacob	GRIMSBY - GRIMSBY	27.72m
7 Zenka, Reinia	SOUTH LINCOLN - SMITHVIL	25.16m
8 Houwer, Sean	SMITHVILLE CHRIST HS -SM	24.07m
9 Graf, Nick	LAURA SECORD - ST. CATHE	23.40m
10 Gordon, Zac	THOROLD - THOROLD	23.26m
11 Humaniski, David	THOROLD - THOROLD	23.02m
12 Culp, Justin	BLESSED TRINITY H S	20.74m
13 Dewar, Jack (Evander)	DENIS MORRIS-ST. CATHERI	19.88m
14 Jones, Joseph	BLESSED TRINITY H S	18.35m
15 Kennedy, Auston	BLESSED TRINITY H S	17.20m
16 Boese, Frank	LAURA SECORD - ST. CATHE	14.90m
17 Benjamins, Daniel	SMITHVILLE CHRIST HS -SM	14.74m

Men Javelin Throw Midget

Name	School	Finals
Finals		
1 Martens, Jacob	EDEN - ST. CATHERINES	38.30m
2 Jones, Joseph	BLESSED TRINITY H S	34.27m
3 Lapceovich, Cayden	SOUTH LINCOLN - SMITHVIL	33.34m
4 Reil, William	GRIMSBY - GRIMSBY	32.11m
5 Ayala, Dylan	GREAT LAKES CHRISTIAN - I	29.13m
6 Culp, Justin	BLESSED TRINITY H S	28.65m
7 Humaniski, David	THOROLD - THOROLD	28.50m
8 Houwer, Sean	SMITHVILLE CHRIST HS -SM	28.31m
9 Zenka, Reinia	SOUTH LINCOLN - SMITHVIL	27.70m
10 Spedaliere, Carmen	ST. FRANCIS - ST. CATHERIN	27.09m
11 Pasaluko, Peter	SOUTH LINCOLN - SMITHVIL	26.67m
12 Graf, Nick	LAURA SECORD - ST. CATHE	25.45m
13 Black, Liam	SOUTH LINCOLN - SMITHVIL	25.30m
14 Lepp, Riley	GOVERNOR SIMCOE-ST. CAT	24.17m
15 Cartmell, Brian	THOROLD - THOROLD	24.08m
16 McDougall, Kyle	THOROLD - THOROLD	23.49m
17 Benjamins, Daniel	SMITHVILLE CHRIST HS -SM	23.14m
18 Burton-Bachynski, Elijah	THOROLD - THOROLD	22.50m
19 Boese, Frank	LAURA SECORD - ST. CATHE	20.39m
20 Serif, Isaac	DENIS MORRIS-ST. CATHERI	20.16m
21 Bucsis, Nathaniel	DENIS MORRIS-ST. CATHERI	17.13m
22 Dewar, Jack (Evander)	DENIS MORRIS-ST. CATHERI	15.31m
23 Song, Peter	ST. FRANCIS - ST. CATHERIN	14.22m

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Men 100 Meter Dash Junior

	Name	School	Finals	H#
Finals				
1	Snyder, Trent	GRIMSBY - GRIMSBY	11.43	1
2	Godard, Atreyu	DENIS MORRIS-ST. CATHERIN	12.11	2
3	Burbulea, Paul	WINSTON CHURCHILL - ST. C	12.12	1
4	Mackinnon, Riley	WINSTON CHURCHILL - ST. C	12.14	3
5	Mosquite, Jack	BLESSED TRINITY H S	12.26	1
6	Scott, Cade	WINSTON CHURCHILL - ST. C	12.30	2
7	Johnson, Damon	ST. CATHARINES - ST. CATHA	12.40	1
8	Mueller, Mitch	BLESSED TRINITY H S	12.42	3
9	Hinchberger, Jacob	WINSTON CHURCHILL - ST. C	12.78	3
10	Andres, Carter	LAURA SECORD - ST. CATHE	13.34	2
11	Topolinsky, Mitchell	HOLY CROSS - ST. CATHERIN	13.81	2
12	Kralt, David	GREAT LAKES CHRISTIAN - I	13.91	2
13	Langendoen, Joshua	EDEN - ST. CATHERINES	13.92	3
14	Gordon, Devon	LAURA SECORD - ST. CATHE	14.99	1
15	Hernandez-Vargas, Jesus	THOROLD - THOROLD	15.12	1
16	Babajide, Dotun	THOROLD - THOROLD	16.09	3
17	Gamboa, Minor	ST. FRANCIS - ST. CATHERIN	17.46	2

Men 200 Meter Dash Junior

	Name	School	Finals	H#
Finals				
1	Snyder, Trent	GRIMSBY - GRIMSBY	23.28	1
2	Mackinnon, Riley	WINSTON CHURCHILL - ST. C	25.29	1
3	Godard, Atreyu	DENIS MORRIS-ST. CATHERIN	25.47	2
4	Mosquite, Jack	BLESSED TRINITY H S	25.75	1
5	Hinchberger, Jacob	WINSTON CHURCHILL - ST. C	26.07	2
6	Galindo, Jethro	DENIS MORRIS-ST. CATHERIN	28.73	1
7	Follick, Dakota	ST. FRANCIS - ST. CATHERIN	29.04	1
8	Topolinsky, Mitchell	HOLY CROSS - ST. CATHERIN	29.43	2
9	Andres, Carter	LAURA SECORD - ST. CATHE	29.59	2
10	Stewart, Dane	THOROLD - THOROLD	29.87	1
11	Gordon, Devon	LAURA SECORD - ST. CATHE	32.43	2
12	Hernandez-Vargas, Jesus	THOROLD - THOROLD	32.74	1

Men 400 Meter Dash Junior

	Name	School	Finals	H#
Finals				
1	Moncur, Jack	WINSTON CHURCHILL - ST. C	55.29	2
2	Erskine, Dillon	SOUTH LINCOLN - SMITHVIL	1:02.43	2
3	Andres, Carter	LAURA SECORD - ST. CATHE	1:04.39	1
4	Ramey, Caleb	GREAT LAKES CHRISTIAN - I	1:04.98	2
5	Kralt, David	GREAT LAKES CHRISTIAN - I	1:05.18	1
6	Niendorf, Bradley	GRIMSBY - GRIMSBY	1:06.77	1
7	Hernandez-Vargas, Jesus	THOROLD - THOROLD	1:12.03	2
8	Gordon, Devon	LAURA SECORD - ST. CATHE	1:19.94	2

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Men 800 Meter Run Junior

Name	School	Finals
Finals		
1 Coveney, Millar	WINSTON CHURCHILL - ST. C	2:07.16
2 Smith, Gavin	GRIMSBY - GRIMSBY	2:07.33
3 Moncur, Jack	WINSTON CHURCHILL - ST. C	2:09.84
4 Leban, Yahia	DENIS MORRIS-ST. CATHERINE	2:24.12
5 Whittaker, Brendan	BEAMSVILLE - BEAMSVILLE	2:24.88
6 Lalonde, Matthew	GRIMSBY - GRIMSBY	2:26.63
7 Halfyard, Ross	WINSTON CHURCHILL - ST. C	2:28.91
8 Ramey, Caleb	GREAT LAKES CHRISTIAN - I	2:34.87
9 Niendorf, Bradley	GRIMSBY - GRIMSBY	2:38.48
10 Downs, Collin	GRIMSBY - GRIMSBY	2:39.37

Men 1500 Meter Run Junior

Name	School	Finals
Finals		
1 Smith, Gavin	GRIMSBY - GRIMSBY	4:20.43
2 Coveney, Millar	WINSTON CHURCHILL - ST. C	4:20.43
3 Moncur, Jack	WINSTON CHURCHILL - ST. C	4:23.95
4 Leban, Yahia	DENIS MORRIS-ST. CATHERINE	4:55.77
5 Halfyard, Ross	WINSTON CHURCHILL - ST. C	5:05.09
6 Whittaker, Brendan	BEAMSVILLE - BEAMSVILLE	5:05.98
7 Lalonde, Matthew	GRIMSBY - GRIMSBY	5:11.26
8 Swayze, Sebastian	THOROLD - THOROLD	5:22.65
9 Aceti, Raimondo	EDEN - ST. CATHERINES	5:26.06
10 Santareli, Nicholas	ST. CATHARINES - ST. CATHARINES	5:28.05
11 Niendorf, Bradley	GRIMSBY - GRIMSBY	5:28.06
12 Buys, Caleb	SMITHVILLE CHRIST HS -SMITHVILLE	5:30.00
13 Downs, Collin	GRIMSBY - GRIMSBY	5:30.25

Men 3000 Meter Run Junior

Name	School	Finals
Finals		
1 Coveney, Millar	WINSTON CHURCHILL - ST. C	10:45.82
2 Halfyard, Ross	WINSTON CHURCHILL - ST. C	11:15.69
3 Swayze, Sebastian	THOROLD - THOROLD	11:17.79
4 Whittaker, Brendan	BEAMSVILLE - BEAMSVILLE	11:37.24
5 Aceti, Raimondo	EDEN - ST. CATHERINES	12:03.38
6 McIntyre, Jared	THOROLD - THOROLD	12:08.40
7 Boekestyn, Alex	SMITHVILLE CHRIST HS -SMITHVILLE	12:11.04

Men 100 Meter Hurdles Junior

Name	School	Finals
Finals		
1 Scott, Cade	WINSTON CHURCHILL - ST. C	16.15
2 Craig, Kyle	LAURA SECORD - ST. CATHERINE	16.32
3 Burrows, Liam	SOUTH LINCOLN - SMITHVILLE	18.12
4 Zammitt, Adam	LAURA SECORD - ST. CATHERINE	19.12

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Men 300 Meter Hurdles Junior

Name	School	Finals
Finals		
1 Scott, Cade	WINSTON CHURCHILL - ST. C	45.80
2 Burbulea, Paul	WINSTON CHURCHILL - ST. C	49.78
3 Zammitt, Adam	LAURA SECORD - ST. CATHE	50.31
4 Galindo, Jethro	DENIS MORRIS-ST. CATHERIN	53.42
5 Stewart, Dane	THOROLD - THOROLD	1:01.05

Men 4x100 Meter Relay Junior

Team	Relay	Finals
Finals		
1 WINSTON CHURCHILL - ST	A	47.39
2 LAURA SECORD - ST. CATI	A	54.32
3 THOROLD - THOROLD	A	56.03

Men High Jump Junior

Name	School	Finals
Finals		
1 Johnson, Damon	ST. CATHARINES - ST. CATH	1.65m
2 Hagen, John	HERITAGE CHRISTIAN-JORD	1.65m
3 Benjamins, Brandon	SMITHVILLE CHRIST HS -SM	1.55m

Men Long Jump Junior

Name	School	Finals
Finals		
1 Craig, Kyle	LAURA SECORD - ST. CATHE	5.54m
2 Johnson, Damon	ST. CATHARINES - ST. CATH	5.12m
3 Burrows, Liam	SOUTH LINCOLN - SMITHVIL	4.96m
4 Hinchberger, Jacob	WINSTON CHURCHILL - ST. C	4.90m
5 Canlas, Howell	THOROLD - THOROLD	4.86m
6 Follick, Dakota	ST. FRANCIS - ST. CATHERIN	4.85m
7 Cilia, Lucas	SOUTH LINCOLN - SMITHVIL	4.72m
8 Burbulea, Paul	WINSTON CHURCHILL - ST. C	4.62m
9 Hagen, John	HERITAGE CHRISTIAN-JORD	4.60m
10 Eizenga, Matthew	WINSTON CHURCHILL - ST. C	4.56m
11 Galindo, Jethro	DENIS MORRIS-ST. CATHERIN	4.40m
12 Topolinsky, Mitchell	HOLY CROSS - ST. CATHERIN	4.12m
13 Buys, Caleb	SMITHVILLE CHRIST HS -SM	4.03m
14 McCoy, Malcolm	ST. CATHARINES - ST. CATH	3.90m
15 McIntyre, Jared	THOROLD - THOROLD	3.83m

Men Triple Jump Junior

Name	School	Finals
Finals		
1 Craig, Kyle	LAURA SECORD - ST. CATHE	10.95m
2 Boekestyn, Thomas	HERITAGE CHRISTIAN-JORD	10.62m
3 Canlas, Howell	THOROLD - THOROLD	10.53m
4 Eizenga, Matthew	WINSTON CHURCHILL - ST. C	10.40m
5 Hagen, John	HERITAGE CHRISTIAN-JORD	10.30m
6 Boekestyn, Alex	SMITHVILLE CHRIST HS -SM	10.02m
7 Boucher, Austin	THOROLD - THOROLD	10.01m

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Finals ... (Men Triple Jump Junior)

Name	School	Finals
8 Cojocari, Maxim	DENIS MORRIS-ST. CATHERIN	10.00m
9 Cilia, Lucas	SOUTH LINCOLN - SMITHVIL	9.32m

Men Shot Put Junior

Name	School	Finals
Finals		
1 Speller, Brock	SOUTH LINCOLN - SMITHVIL	13.17m
2 Kazimowicz, Mike	WINSTON CHURCHILL - ST. C	11.04m
3 Patterson, Blake	SOUTH LINCOLN - SMITHVIL	10.76m
4 Boekestyn, Thomas	HERITAGE CHRISTIAN-JORD.	10.27m
5 VanderMolen, Dakotah	HERITAGE CHRISTIAN-JORD.	10.02m
6 Balanowski, Christian	DENIS MORRIS-ST. CATHERIN	9.64m
7 Matus, Abdul	WINSTON CHURCHILL - ST. C	9.20m
8 Piccolo, Gerrit	THOROLD - THOROLD	8.90m
9 Hallett, Devon	ST. FRANCIS - ST. CATHERIN	8.45m
10 Marshall, Troy	SOUTH LINCOLN - SMITHVIL	8.42m
11 Gamboa, Minor	ST. FRANCIS - ST. CATHERIN	8.20m

Men Discus Throw Junior

Name	School	Finals
Finals		
1 Speller, Brock	SOUTH LINCOLN - SMITHVIL	46.22m
2 Patterson, Blake	SOUTH LINCOLN - SMITHVIL	34.73m
3 Stevenson, Jacob	DENIS MORRIS-ST. CATHERIN	31.15m
4 Mueller, Mitch	BLESSED TRINITY H S	29.91m
5 Marshall, Troy	SOUTH LINCOLN - SMITHVIL	29.59m
6 Knizat, Joseph	WINSTON CHURCHILL - ST. C	28.52m
7 Jarvis, Harrison	WINSTON CHURCHILL - ST. C	28.00m
8 Hallett, Devon	ST. FRANCIS - ST. CATHERIN	27.89m
9 Erskine, Dillon	SOUTH LINCOLN - SMITHVIL	27.79m
10 Boekestyn, Thomas	HERITAGE CHRISTIAN-JORD.	26.40m
11 Gamboa, Minor	ST. FRANCIS - ST. CATHERIN	23.32m
12 Matus, Abdul	WINSTON CHURCHILL - ST. C	23.27m
13 VanderMolen, Dakotah	HERITAGE CHRISTIAN-JORD.	21.16m
14 Benjamins, Brandon	SMITHVILLE CHRIST HS -SM	20.98m
15 Follick, Dakota	ST. FRANCIS - ST. CATHERIN	20.76m
15 Kazimowicz, Mike	WINSTON CHURCHILL - ST. C	20.76m
17 Balanowski, Christian	DENIS MORRIS-ST. CATHERIN	20.31m

Men Javelin Throw Junior

Name	School	Finals
Finals		
1 Jarvis, Harrison	WINSTON CHURCHILL - ST. C	40.27m
2 Speller, Brock	SOUTH LINCOLN - SMITHVIL	37.29m
3 Marshall, Troy	SOUTH LINCOLN - SMITHVIL	35.70m
4 Benjamins, Brandon	SMITHVILLE CHRIST HS -SM	33.57m
5 Cojocari, Maxim	DENIS MORRIS-ST. CATHERIN	30.02m
6 Knizat, Joseph	WINSTON CHURCHILL - ST. C	28.30m
7 Kazimowicz, Mike	WINSTON CHURCHILL - ST. C	25.88m
8 Hallett, Devon	ST. FRANCIS - ST. CATHERIN	25.48m

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Finals ... (Men Javelin Throw Junior)

Name	School	Finals
9 Patterson, Blake	SOUTH LINCOLN - SMITHVIL	25.12m
10 Stewart, Dane	THOROLD - THOROLD	22.72m
11 Matus, Abdul	WINSTON CHURCHILL - ST. C	18.94m
12 McIntyre, Jared	THOROLD - THOROLD	18.91m
13 McCoy, Malcolm	ST. CATHARINES - ST. CATHA	13.61m
14 Ramey, Caleb	GREAT LAKES CHRISTIAN - I	4.40m
15 Piccolo, Gerrit	THOROLD - THOROLD	2.50m

Men 100 Meter Dash Senior

Name	School	Finals	H#
Finals			
1 Decker, Shane	DENIS MORRIS-ST. CATHERIN	11.23	5
2 Gadsby, Ben	BEAMSVILLE - BEAMSVILLE	11.54	3
3 Davis, Jerome	BLESSED TRINITY H S	11.54	5
4 Selman, Jaquan	DENIS MORRIS-ST. CATHERIN	11.71	3
5 Young, Mike	GOVERNOR SIMCOE-ST. CAT	11.82	5
6 Smith, Stephen	ST. CATHARINES - ST. CATHA	11.87	2
7 Vary, Allen	WINSTON CHURCHILL - ST. C	11.95	1
8 Schertzer, Kyle	WINSTON CHURCHILL - ST. C	11.98	5
9 Zangeva, Ray	BLESSED TRINITY H S	12.17	2
10 Bonneau, Kevin	GRIMSBY - GRIMSBY	12.19	4
11 Barbas, Robert	HOLY CROSS - ST. CATHERIN	12.20	1
12 Upper, Josh	THOROLD - THOROLD	12.41	1
13 Cudney, Sebastian	ST. CATHARINES - ST. CATHA	12.43	4
14 Brundridge, Damonte	DENIS MORRIS-ST. CATHERIN	12.44	4
15 Harshaw, Drew	WINSTON CHURCHILL - ST. C	12.54	2
16 Cowling, Will	LAURA SECORD - ST. CATHE	12.67	4
17 Stirling, Kyle	SOUTH LINCOLN - SMITHVIL	12.82	5
18 Soo Ho, Marcus	HOLY CROSS - ST. CATHERIN	12.83	3
19 Burdan, Malik	BLESSED TRINITY H S	12.85	3
20 Escudero, Andony	GREAT LAKES CHRISTIAN - I	12.88	3
21 Holditch, Patrick	THOROLD - THOROLD	12.89	4
22 Lawless, James	GRIMSBY - GRIMSBY	12.93	5
23 Malangis-Valdes, Cedric	DENIS MORRIS-ST. CATHERIN	13.01	2
24 Torres, Daniel	HOLY CROSS - ST. CATHERIN	13.06	4
25 Hoekstra, Curtis	SMITHVILLE CHRIST HS -SM	13.40	4
26 Young, Chris	ST. FRANCIS - ST. CATHERIN	13.60	2
27 Chiu, Andy	GREAT LAKES CHRISTIAN - I	13.62	2
28 Gibson, Kevin	GOVERNOR SIMCOE-ST. CAT	13.70	3
29 Ford, Robert	SMITHVILLE CHRIST HS -SM	14.05	5
30 Elliott, Mark	ST. CATHARINES - ST. CATHA	14.80	1
31 Knechtel, Brian	BEAMSVILLE - BEAMSVILLE	15.40	1
32 Ross, Joseph	ST. FRANCIS - ST. CATHERIN	15.85	1

Men 200 Meter Dash Senior

Name	School	Finals	H#
Finals			
1 Decker, Shane	DENIS MORRIS-ST. CATHERIN	23.02	4
2 Davis, Jerome	BLESSED TRINITY H S	23.43	3
3 Gadsby, Ben	BEAMSVILLE - BEAMSVILLE	23.51	1

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Finals ... (Men 200 Meter Dash Senior)

	Name	School	Finals	H#
4	Smith, Stephen	ST. CATHARINES - ST. CATHA	24.06	1
5	Selman, Jaquan	DENIS MORRIS-ST. CATHERIN	24.10	2
6	Vary, Allen	WINSTON CHURCHILL - ST. C	24.60	1
7	Barbas, Robert	HOLY CROSS - ST. CATHERIN	25.02	3
8	Dannyram, Nick	HOLY CROSS - ST. CATHERIN	25.26	4
9	Greenlaw, Sam	GOVERNOR SIMCOE-ST. CAT	25.39	3
10	Young, Mike	GOVERNOR SIMCOE-ST. CAT	25.93	2
11	Burdan, Malik	BLESSED TRINITY H S	26.00	4
12	Stirling, Kyle	SOUTH LINCOLN - SMITHVIL	26.15	2
13	Beaudry, Richard	GOVERNOR SIMCOE-ST. CAT	26.17	4
14	Zangeva, Ray	BLESSED TRINITY H S	26.43	3
15	Castaneda, Emerson	HOLY CROSS - ST. CATHERIN	26.50	3
16	Lawless, James	GRIMSBY - GRIMSBY	26.68	2
17	MacKay-Cotton, Andrew	LAURA SECORD - ST. CATHE	27.62	3
18	Gibson, Kevin	GOVERNOR SIMCOE-ST. CAT	27.74	1
19	Chouinard, Joel	ST. FRANCIS - ST. CATHERIN	28.37	1
20	Olinski, Adam	HOLY CROSS - ST. CATHERIN	28.57	4
21	Foster, Raven	GRIMSBY - GRIMSBY	28.94	4
22	Ross, Joseph	ST. FRANCIS - ST. CATHERIN	31.87	3
23	Chiu, Andy	GREAT LAKES CHRISTIAN - I	32.90	2

Men 400 Meter Dash Senior

	Name	School	Finals	H#
Finals				
1	Dannyram, Nick	HOLY CROSS - ST. CATHERIN	54.37	2
2	Lawless, Justin	WINSTON CHURCHILL - ST. C	55.16	2
3	Cowling, Will	LAURA SECORD - ST. CATHE	55.19	4
4	Greenlaw, Sam	GOVERNOR SIMCOE-ST. CAT	57.70	3
5	Beaudry, Richard	GOVERNOR SIMCOE-ST. CAT	57.75	4
6	Upper, Josh	THOROLD - THOROLD	58.08	2
7	Siddique, Ali	GOVERNOR SIMCOE-ST. CAT	58.11	1
8	Holloway, Hunter	GRIMSBY - GRIMSBY	58.80	4
9	Castaneda, Emerson	HOLY CROSS - ST. CATHERIN	1:00.22	1
10	Young, Chris	ST. FRANCIS - ST. CATHERIN	1:01.50	1
11	Lawless, James	GRIMSBY - GRIMSBY	1:01.89	3
12	Bonsma, Benjamin	SMITHVILLE CHRIST HS -SM	1:02.25	3
13	Philip, Cameron	THOROLD - THOROLD	1:02.42	1
14	Malangis-Valdes, Cedric	DENIS MORRIS-ST. CATHERIN	1:04.30	2
15	Pepper, Garrett	SOUTH LINCOLN - SMITHVIL	1:04.38	3
16	Clute, Nicholas	HOLY CROSS - ST. CATHERIN	1:04.63	4
17	Holtby, Jacob	ST. CATHARINES - ST. CATHA	1:05.14	3
18	Olinski, Adam	HOLY CROSS - ST. CATHERIN	1:05.54	3
19	Elzinga, Tomothy	GRIMSBY - GRIMSBY	1:07.91	1
20	Chiu, Andy	GREAT LAKES CHRISTIAN - I	1:08.22	2

Men 800 Meter Run Senior

	Name	School	Finals
Finals			
1	Nebel, Andrew	WINSTON CHURCHILL - ST. C	2:00.26
2	Hassim, Cain	WINSTON CHURCHILL - ST. C	2:04.12

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Finals ... (Men 800 Meter Run Senior)

Name	School	Finals
3 Cowling, Will	LAURA SECORD - ST. CATHE	2:06.67
4 Lawless, Justin	WINSTON CHURCHILL - ST. C	2:09.62
5 Dannyram, Nick	HOLY CROSS - ST. CATHERIN	2:14.73
6 Rozon, Eric	WINSTON CHURCHILL - ST. C	2:16.72
7 Holloway, Hunter	GRIMSBY - GRIMSBY	2:17.51
8 Stirling, Kyle	SOUTH LINCOLN - SMITHVIL	2:29.93
9 Pepper, Garrett	SOUTH LINCOLN - SMITHVIL	2:33.63
10 Philip, Cameron	THOROLD - THOROLD	2:34.70
11 Siddique, Ali	GOVERNOR SIMCOE-ST. CAT	2:34.83
12 Chun, Paul	DENIS MORRIS-ST. CATHERI	3:06.24

Men 1500 Meter Run Senior

Name	School	Finals
Finals		
1 Nebel, Andrew	WINSTON CHURCHILL - ST. C	4:08.51
2 Hassim, Cain	WINSTON CHURCHILL - ST. C	4:08.91
3 Kenny, Braden	DENIS MORRIS-ST. CATHERI	4:24.77
4 Raby, Spencer	WINSTON CHURCHILL - ST. C	4:27.36
5 Altamirano, David	DENIS MORRIS-ST. CATHERI	4:31.17
6 Lawless, Justin	WINSTON CHURCHILL - ST. C	4:32.66
7 Holloway, Hunter	GRIMSBY - GRIMSBY	4:52.62
8 Sutherland, Scott	SOUTH LINCOLN - SMITHVIL	4:54.94
9 Elhaj, Hassan	ST. CATHARINES - ST. CATH	5:28.82
10 Clute, Nicholas	HOLY CROSS - ST. CATHERIN	5:30.72
11 Lantz, Ben	THOROLD - THOROLD	5:52.88
12 Chun, Paul	DENIS MORRIS-ST. CATHERI	6:32.39

Men 3000 Meter Run Senior

Name	School	Finals
Finals		
1 Kenny, Braden	DENIS MORRIS-ST. CATHERI	10:34.78
2 Raby, Spencer	WINSTON CHURCHILL - ST. C	10:34.85
3 Altamirano, David	DENIS MORRIS-ST. CATHERI	10:36.10
4 Hassim, Cain	WINSTON CHURCHILL - ST. C	10:39.02
5 Cormier, Matthew	WINSTON CHURCHILL - ST. C	10:46.03
6 Philip, Cameron	THOROLD - THOROLD	10:56.42
7 Nebel, Andrew	WINSTON CHURCHILL - ST. C	11:00.32
8 Turner, Joshua	GRIMSBY - GRIMSBY	11:00.49
9 Bonsma, Benjamin	SMITHVILLE CHRIST HS -SM	11:48.35
10 Wasyleczko, Matthew	GRIMSBY - GRIMSBY	11:49.83
11 Tom, Kielstra	GREAT LAKES CHRISTIAN - I	13:21.15
12 Ford, Robert	SMITHVILLE CHRIST HS -SM	14:11.58

Men 110 Meter Hurdles Senior

Name	School	Finals
Finals		
1 Bonneau, Kevin	GRIMSBY - GRIMSBY	16.10
2 Schertzer, Kyle	WINSTON CHURCHILL - ST. C	16.52
3 Wilson, Mack	LAURA SECORD - ST. CATHE	17.36
4 MacKay-Cotton, Andrew	LAURA SECORD - ST. CATHE	17.58

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Finals ... (Men 110 Meter Hurdles Senior)

Name	School	Finals
5 Elzinga, Tomothy	GRIMSBY - GRIMSBY	23.07

Men 400 Meter Hurdles Senior

Name	School	Finals
Finals		
1 MacKay-Cotton, Andrew	LAURA SECORD - ST. CATHE	1:06.89
2 Rozon, Eric	WINSTON CHURCHILL - ST. C	1:07.03
3 Wilson, Mack	LAURA SECORD - ST. CATHE	1:10.46
4 Harshaw, Drew	WINSTON CHURCHILL - ST. C	1:11.44
5 Holditch, Patrick	THOROLD - THOROLD	1:19.57

Men 4x100 Meter Relay Senior

Team	Relay	Finals	H#
Finals			
1 DENIS MORRIS-ST. CATHEI	A	44.85	2
2 WINSTON CHURCHILL - ST	A	46.64	2
3 GOVERNOR SIMCOE-ST. C	A	47.91	1
4 BLESSED TRINITY H S	A	48.96	1
5 HOLY CROSS - ST. CATHER	A	49.34	2
6 THOROLD - THOROLD	A	50.57	2
7 LAURA SECORD - ST. CATF	A	50.71	1
8 SMITHVILLE CHRIST HS -S	A	54.27	1

Men High Jump Senior

Name	School	Finals
Finals		
1 Bailey, David	WINSTON CHURCHILL - ST. C	1.85m
2 Bell, Twanell	DENIS MORRIS-ST. CATHERI	1.70m
2 Gauld, Logan	THOROLD - THOROLD	1.70m
4 Scott, Connor	WINSTON CHURCHILL - ST. C	1.65m
4 Taylor, Zach	GOVERNOR SIMCOE-ST. CAT	1.65m
6 Randall, Jacob	ST. CATHARINES - ST. CATH	1.60m
7 Whitty, Issac	THOROLD - THOROLD	1.50m

Men Long Jump Senior

Name	School	Finals
Finals		
1 Bell, Twanell	DENIS MORRIS-ST. CATHERI	6.20m
2 Fortaleza, Alvin	WINSTON CHURCHILL - ST. C	5.91m
3 Brundridge, Damonte	DENIS MORRIS-ST. CATHERI	5.70m
4 Hall, Daniel	SOUTH LINCOLN - SMITHVIL	5.68m
5 Zantingh, Joseph	SMITHVILLE CHRIST HS -SM	5.59m
6 Collevicchio, Matteo	ST. FRANCIS - ST. CATHERIN	5.31m
7 Cudney, Sebastian	ST. CATHARINES - ST. CATH	5.29m
8 Taylor, Zach	GOVERNOR SIMCOE-ST. CAT	5.26m
9 Escudero, Andony	GREAT LAKES CHRISTIAN - I	5.09m
10 Upper, Austin	THOROLD - THOROLD	5.08m
11 Waliki, Tyler	LAURA SECORD - ST. CATHE	5.07m
12 Harshaw, Drew	WINSTON CHURCHILL - ST. C	5.06m
12 Gizzo, Joe	HOLY CROSS - ST. CATHERIN	5.06m
14 Tom, Kielstra	GREAT LAKES CHRISTIAN - I	4.93m

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Finals ... (Men Long Jump Senior)

Name	School	Finals
15 VanderMeer, Eric	SMITHVILLE CHRIST HS -SMI	4.83m
16 Alexandrov, Dan	EDEN - ST. CATHERINES	4.78m
17 Lillo, David	WINSTON CHURCHILL - ST. C	4.77m
18 Castaneda, Emerson	HOLY CROSS - ST. CATHERIN	4.75m
19 Holtby, Jacob	ST. CATHARINES - ST. CATH/	4.74m
20 Young, Chris	ST. FRANCIS - ST. CATHERIN	4.52m
21 Grant, Nolan	BLESSED TRINITY H S	4.47m
22 Leclair, Steven	GRIMSBY - GRIMSBY	4.46m
23 Hoekstra, Curtis	SMITHVILLE CHRIST HS -SMI	4.37m
24 Haslam, Alex	WINSTON CHURCHILL - ST. C	4.35m
25 Fung, Louis	GREAT LAKES CHRISTIAN - I	4.23m
26 Elzinga, Tomothy	GRIMSBY - GRIMSBY	4.08m
27 Ismail, Karim	EDEN - ST. CATHERINES	4.00m
28 Chouinard, Joel	ST. FRANCIS - ST. CATHERIN	3.61m
29 Foster, Raven	GRIMSBY - GRIMSBY	3.51m
30 Knechtel, Brian	BEAMSVILLE - BEAMSVILLE	3.35m
--- Siena, David	BLESSED TRINITY H S	FOUL
--- Galvis, Nicolas	HOLY CROSS - ST. CATHERIN	FOUL
--- Soo Ho, Marcus	HOLY CROSS - ST. CATHERIN	FOUL

Men Triple Jump Senior

Name	School	Finals
Finals		
1 Bell, Twanell	DENIS MORRIS-ST. CATHERI	13.70m
2 Selman, Jaquan	DENIS MORRIS-ST. CATHERI	12.59m
3 Fortaleza, Alvin	WINSTON CHURCHILL - ST. C	12.36m
4 Hall, Daniel	SOUTH LINCOLN - SMITHVIL	11.78m
5 Smith, Stephen	ST. CATHARINES - ST. CATH/	11.60m
6 Taylor, Zach	GOVERNOR SIMCOE-ST. CAT	11.54m
7 Schertzer, Kyle	WINSTON CHURCHILL - ST. C	11.21m
8 Zantingh, Joseph	SMITHVILLE CHRIST HS -SMI	11.15m
9 Upper, Austin	THOROLD - THOROLD	10.94m
10 Tom, Kielstra	GREAT LAKES CHRISTIAN - I	10.26m
11 Haslam, Alex	WINSTON CHURCHILL - ST. C	9.84m
12 Lillo, David	WINSTON CHURCHILL - ST. C	9.60m
13 Shaw, Austin	THOROLD - THOROLD	9.08m
14 Vanderlaan, Benjamin	DENIS MORRIS-ST. CATHERI	8.82m
15 Holtby, Jacob	ST. CATHARINES - ST. CATH/	8.66m
--- Freeman, Henry	THOROLD - THOROLD	FOUL

Men Shot Put Senior

Name	School	Finals
Finals		
1 Brew, Mychael	ST. CATHARINES - ST. CATH/	12.31m
2 Nardangeli, Nolan	DENIS MORRIS-ST. CATHERI	11.73m
3 McFarlane, Liam	GRIMSBY - GRIMSBY	11.51m
4 Broderick, Justin	THOROLD - THOROLD	11.49m
5 Jobson, Alex	GOVERNOR SIMCOE-ST. CAT	11.46m
6 Ferrara, Benny	BLESSED TRINITY H S	10.98m
7 Erskine, Kyle	SOUTH LINCOLN - SMITHVIL	10.75m

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Finals ... (Men Shot Put Senior)

Name	School	Finals
8 Soccio-Marandola, Sebastian	DENIS MORRIS-ST. CATHERIN	10.52m
9 MacMillan, Ian	DENIS MORRIS-ST. CATHERIN	10.31m
10 McKie, Braden	HOLY CROSS - ST. CATHERIN	10.30m
11 Dick, Steven	GOVERNOR SIMCOE-ST. CAT	10.20m
12 Vljakov, Evan	GRIMSBY - GRIMSBY	10.00m
13 D'Intino, Nick	HOLY CROSS - ST. CATHERIN	9.84m
14 Martynek, Alex	HOLY CROSS - ST. CATHERIN	9.83m
15 Martens, Paul	WINSTON CHURCHILL - ST. C	9.80m
16 DeNee, Eric	SMITHVILLE CHRIST HS -SM	9.57m
17 Cooper, Jamesd	LAURA SECORD - ST. CATHE	9.37m
18 Shaw, Austin	THOROLD - THOROLD	9.23m
19 Sheikh, Harris	WINSTON CHURCHILL - ST. C	8.96m
20 DeKlerk, Shawn	SMITHVILLE CHRIST HS -SM	8.79m
21 Martin, Jordan	GRIMSBY - GRIMSBY	8.76m
22 Ferrusi, Josh	BLESSED TRINITY H S	8.73m
23 Susnyar, Nikolas	GRIMSBY - GRIMSBY	8.66m
24 Li, Chapman	GREAT LAKES CHRISTIAN - I	8.48m
25 Davies, Jake	ST. FRANCIS - ST. CATHERIN	8.19m
26 Maracle, Dalton	WINSTON CHURCHILL - ST. C	8.11m
27 Freeman, Henry	THOROLD - THOROLD	8.07m
28 Sygeco, Jack	ST. FRANCIS - ST. CATHERIN	8.02m
29 Sanocki, Paul	HOLY CROSS - ST. CATHERIN	7.95m
30 Boese, Abe	LAURA SECORD - ST. CATHE	7.92m
31 Brockenshire, Dawson	ST. FRANCIS - ST. CATHERIN	7.86m
32 Boccia, Jonathon	ST. FRANCIS - ST. CATHERIN	7.03m
33 Neufeld, Dave	LAURA SECORD - ST. CATHE	6.04m
34 Knechtel, Brian	BEAMSVILLE - BEAMSVILLE	5.26m

Men Discus Throw Senior

Name	School	Finals
Finals		
1 Collevocchio, Matteo	ST. FRANCIS - ST. CATHERIN	32.51m
2 Martens, Paul	WINSTON CHURCHILL - ST. C	28.16m
3 McKie, Braden	HOLY CROSS - ST. CATHERIN	27.43m
3 DeNee, Eric	SMITHVILLE CHRIST HS -SM	27.43m
5 Penner, Jeremy	WINSTON CHURCHILL - ST. C	26.25m
6 Vljakov, Evan	GRIMSBY - GRIMSBY	26.12m
7 Cooper, Jamesd	LAURA SECORD - ST. CATHE	24.86m
8 Brew, Mychael	ST. CATHARINES - ST. CATH	24.03m
9 Dick, Steven	GOVERNOR SIMCOE-ST. CAT	23.66m
10 Nienorf, Tyler	GRIMSBY - GRIMSBY	23.57m
11 Susnyar, Nikolas	GRIMSBY - GRIMSBY	23.37m
12 Ferrusi, Josh	BLESSED TRINITY H S	22.69m
13 Sygeco, Jack	ST. FRANCIS - ST. CATHERIN	22.56m
14 Jobson, Alex	GOVERNOR SIMCOE-ST. CAT	22.45m
15 Cojocari, Vladimir	DENIS MORRIS-ST. CATHERIN	22.37m
16 DeKlerk, Shawn	SMITHVILLE CHRIST HS -SM	22.30m
17 Ferrara, Benny	BLESSED TRINITY H S	22.18m
18 Soo Ho, Marcus	HOLY CROSS - ST. CATHERIN	21.76m
19 Sheikh, Harris	WINSTON CHURCHILL - ST. C	21.13m

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Finals ... (Men Discus Throw Senior)

Name	School	Finals
20 Martin, Jordan	GRIMSBY - GRIMSBY	20.54m
21 Vega, Alejandro	HOLY CROSS - ST. CATHERIN	20.52m
22 Boese, Abe	LAURA SECORD - ST. CATHE	20.20m
23 Nardangeli, Nolan	DENIS MORRIS-ST. CATHERI	20.18m
24 Waliki, Tyler	LAURA SECORD - ST. CATHE	19.44m
25 Hoekstra, Curtis	SMITHVILLE CHRIST HS -SM	19.36m
26 Li, Chapman	GREAT LAKES CHRISTIAN - I	18.40m
26 Boccia, Jonathon	ST. FRANCIS - ST. CATHERIN	18.40m
28 Davies, Jake	ST. FRANCIS - ST. CATHERIN	16.92m
29 D'Intino, Nick	HOLY CROSS - ST. CATHERIN	16.10m
30 Neufeld, Dave	LAURA SECORD - ST. CATHE	14.54m
--- Fung, Louis	GREAT LAKES CHRISTIAN - I	FOUL

Men Javelin Throw Senior

Name	School	Finals
Finals		
1 Folkerts, Simon	SMITHVILLE CHRIST HS -SM	43.13m
2 Alexandrov, Dan	EDEN - ST. CATHERINES	42.52m
3 Waliki, Tyler	LAURA SECORD - ST. CATHE	41.18m
4 Brew, Mychael	ST. CATHARINES - ST. CATH	38.19m
5 Penner, Jeremy	WINSTON CHURCHILL - ST. C	38.05m
6 McIntyre, Braedan	GRIMSBY - GRIMSBY	35.69m
7 Susnyar, Nikolas	GRIMSBY - GRIMSBY	35.09m
8 Zamfir, Dan	ST. FRANCIS - ST. CATHERIN	34.59m
9 Erskine, Kyle	SOUTH LINCOLN - SMITHVIL	32.40m
10 Gizzo, Joe	HOLY CROSS - ST. CATHERIN	31.76m
11 Peters, Matthew	DENIS MORRIS-ST. CATHERI	31.37m
12 VanderMeer, Eric	SMITHVILLE CHRIST HS -SM	31.28m
13 Cojocari, Vladimir	DENIS MORRIS-ST. CATHERI	29.63m
14 Galvis, Nicolas	HOLY CROSS - ST. CATHERIN	27.50m
15 Nienorf, Tyler	GRIMSBY - GRIMSBY	27.34m
16 Boese, Abe	LAURA SECORD - ST. CATHE	26.76m
17 Chouinard, Joel	ST. FRANCIS - ST. CATHERIN	25.06m
18 Boccia, Jonathon	ST. FRANCIS - ST. CATHERIN	24.26m
19 Upper, Austin	THOROLD - THOROLD	23.71m
20 Cooper, Jamesd	LAURA SECORD - ST. CATHE	23.59m
21 Maracle, Dalton	WINSTON CHURCHILL - ST. C	22.84m
22 DeKlerk, Shawn	SMITHVILLE CHRIST HS -SM	22.75m
23 Sygeco, Jack	ST. FRANCIS - ST. CATHERIN	21.76m
24 Freeman, Henry	THOROLD - THOROLD	21.73m
25 Sheikh, Harris	WINSTON CHURCHILL - ST. C	21.52m
26 Ford, Robert	SMITHVILLE CHRIST HS -SM	20.49m
27 Martynek, Alex	HOLY CROSS - ST. CATHERIN	18.52m
28 Vanderlaan, Benjamin	DENIS MORRIS-ST. CATHERI	18.13m
29 Grant, Nolan	BLESSED TRINITY H S	17.96m
30 Neufeld, Dave	LAURA SECORD - ST. CATHE	16.16m
--- Pepper, Garett	SOUTH LINCOLN - SMITHVIL	FOUL
--- Sanocki, Paul	HOLY CROSS - ST. CATHERIN	FOUL
--- Nardangeli, Nolan	DENIS MORRIS-ST. CATHERI	FOUL

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Men 2000 Meter Steeplechase Open

	Name	School	Finals
Finals			
1	Cormier, Matthew	WINSTON CHURCHILL - ST. C	7:17.31
2	Walicki, Dylan	EDEN - ST. CATHERINES	7:49.28
3	Tomaino, Samuel	BLESSED TRINITY H S	7:55.15
4	Collevecchio, Matteo	ST. FRANCIS - ST. CATHERIN	7:58.03
5	Turner, Joshua	GRIMSBY - GRIMSBY	8:04.65
6	Wasyleczko, Matthew	GRIMSBY - GRIMSBY	8:06.17
7	Glaves, Johnathan	GRIMSBY - GRIMSBY	8:22.23
8	Aceti, Raimondo	EDEN - ST. CATHERINES	8:28.01
9	Buys, Caleb	SMITHVILLE CHRIST HS -SM	8:31.68
10	Boekestyn, Alex	SMITHVILLE CHRIST HS -SM	8:33.49
11	Siena, David	BLESSED TRINITY H S	8:41.10

Men 4x400 Meter Relay Open

	Team	Relay	Finals
Finals			
1	WINSTON CHURCHILL - ST	A	3:48.80
2	LAURA SECORD - ST. CATI	A	3:52.70
3	GRIMSBY - GRIMSBY	A	4:09.93
4	BLESSED TRINITY H S	A	4:18.89